



# Which Patients Need the Vibrant Nut Zoomer?

Conditions and symptoms associated with tree nut sensitivities include:

- Abdominal pain and cramps
- Bloating
- Migraines
- Headaches
- Cough
- Diarrhea
- Nasal congestion or a runny nose
- Nausea
- Irritable bowel
- Hives



# **Facts About Tree Nuts**

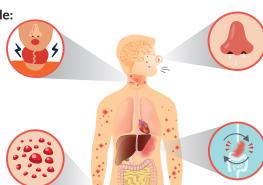
- Tree Nuts are considered a highly antigenic food and are one of the 8 major allergens
- Individuals who are sensitive to tree nuts should also avoid peanuts because of the risk of cross-contact and cross-contamination between tree nuts and peanuts in food processing facilities
- Tree nut & peanut allergies in children have tripled from 1997 to 2008¹













### **Clinical Connections**



Delayed sensitivities to peptides in tree nuts can present up to 72 hours after consuming tree nut products. These sensitivities are based on IgG & IgA antibody-driven reactions and can affect both the local intestinal environment with acute symptoms, as well as the extra-intestinal systems from the skin, to the joints, brain, and other internal organs and tissue systems.



Nut sensitivities are more common in people with a history of peanut sensitivity. Even though peanuts are considered legumes not nuts, people with peanut sensitivity or allergy are often advised to avoid all nuts because of potential risk of cross contamination. But most people who are sensitive to one tree nut are not sensitive to all tree nuts. So, if you are looking to go a step further to identify the specific nut variety you are sensitive to, Vibrant Nut Zoomer with peanut Zoomer is a great way to get a more comprehensive assessment of your nut sensitivity.



# What Does the Vibrant Nut Zoomer Test Include?

#### **Almond**

Protein Family	Antigens
PR-10 family	Pru du 1
PR-5 family	Pru du 2
prolamin family	Pru du 3
profilin family	Pru du 4
60S acidic ribosomal protein P2 family	Pru du 5
cupin family	Pru du 6

### Cashew

Protein Family	Antigens
vicilin-like 7s globulin protein	Ana o 1
11s globulin protein	Ana o 2
2s albumin protein	Ana o 3

### **Brazil Nut**

Protein Family	Antigens
2s albumin protein family	Ber e 1
11S globulin protein	Ber e 2

### Walnut

Protein Family	Antigens
prolamin superfamily	Jugn 1 Jugr 1 Jugr 3
cupin superfamily	Jugn2 Jugr2 Jugr4
11S globulin protein	Jug n 4
Profilins family	Jugr5 Jugr7
vicilin protein	Jugr6

### Reference:

 $1. \quad \textit{JAllergy Clin Immunol.} \ 2010 \ \mathsf{Jun;} 125(6): 1322-6. \ \mathsf{doi:} \ 10.1016/\mathsf{j.jaci.} 2010.03.029. \ \mathsf{Epub} \ 2010 \ \mathsf{May} \ 11.$ 

#### Regulatory Statement